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Ask Your Compounding Pharmacist By Prakash Suthar, RPh

The winter months are prime for stomach bugs, which may cause symptoms such as nausea, vomiting, or diarrhea. While commercially available options such as tablets, suppositories, and injectables, may be an effective treatment for the nausea, compounded alternatives may present some advantages to patients and prescribers. For example, Kare Pharmacy & Compounding has had great success incorporating specific anti-nausea medications into transdermal gels or creams, which are applied to thin-skinned areas such as the wrists. Patients often prefer the transdermal therapy as it is less likely to cause side effects such as drowsiness and discomfort. In addition, it can be difficult to take oral medications or suppositories when vomiting and diarrhea are present. These anti-nausea transdermal medications aren't just limited to stomach bugs. They are great options for nausea relating to motion sickness, pregnancy, oncology, or post-surgery. Call us or ask your healthcare provider whether a compounded medication may benefit you.



- Alcohol-free, dye-free & preservative-free medications
- Discontinued / Short supply medications
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Alcohol-free medications
- Patients not responding to conventional drug therapy
- Medication flavoring



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