

Ask Your Compounding Pharmacist

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WHAT CAN I DO ABOUT MY NAIL FUNGUS?

Nail fungus, also known as onychomycosis, occurs when microorganisms enter the fingernail, or more frequently, the toenail. It is characterized by hard, flaky, discolored, and sometimes painful nails. Nail fungus can be difficult to treat due to the thickness of the nail.

TREATMENT

There are several oral anti-fungal medications available by prescription. In some cases, these medications may not be the best choice for a patient who has liver damage as these drugs can be highly toxic to the liver. Also, some anti-fungal oral medications can have serious side effects when used with other drugs.

Applying a compounded topical treatment can have benefits including bypassing liver metabolism and locally treating the infection. Kare Pharmacy compounds multiple ingredients into a topical nail polish or lacquer that is brushed on the affected nail every night at bedtime. Some of the ingredients may include anti-fungals, tea-tree oil for its antiseptic properties, as well as softening and penetrating agents.

If you think you may have a nail fungus, ask your healthcare provider or call us to learn whether a prescription compound can help you.

- Alcohol-free, dye-free & preservative-free medications
- Discontinued / Short supply medications
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Alcohol-free medications
- Patients not responding to conventional drug therapy
- Medication flavoring

Do you have other difficult-to-solve medication questions that you would like our compounding pharmacist to answer? Email pharmacist@kare-rx.com and we may feature your question!

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