

Ask Your Compounding Pharmacist

Prakash Suthar, RPh



What is ECZEMA?

Eczema or atopic dermatitis is an itchy inflammation of the skin, believed to be a result of genetics and a malfunction in the body's immune system. Symptoms may include: red to brownish-gray colored patches, most often on the hands and feet, front of the elbow, behind the knees, and ankles wrists, face, neck, and upper chest; itching; small, raised bumps; cracked or scaly skin; and raw, sensitive skin from scratching. Usually a chronic condition, eczema typically appears in childhood and persists into adulthood.

What are my treatment options for ECZEMA?

Treatment for eczema aims to reduce inflammation, relieve itching, and prevent future flare-ups. Medications may include corticosteroid creams or ointments, antibiotics, antihistamines, and light therapy. To prevent future flare-ups, it may be helpful to identify potential triggers, avoid scratching, choose mild soaps without dyes or perfumes, moisturize skin, use a humidifier, and wear smooth-textured cotton clothing.

Compounding may offer another option to relieve eczema's uncomfortable symptoms. One topical prescription formula combines zinc, vitamin B-12, and a corticosteroid in our exciting new base Occlusaderm, an innovative film-forming gel. The use of compounded medications allows your doctor to select the medications that are appropriate for your symptoms, thus eliminating therapy that may not be effective.

Do you have other difficult-to-solve medication questions that you would like our compounding pharmacist to answer?

Email pharmacist@kare-rx.com and we may feature your question!

Learn more about compounding on our website, Facebook or twitter!



**Customized Medications
For Your Individual Needs**

- Alcohol-free, dye-free & preservative-free medications
- Discontinued & back-ordered medications
- Required strength or dosage form not available
- Patients not responding to conventional drug therapy
- Medication taste

138 Arnett Blvd | Sherwood Shopping Center | Danville, VA 24540

Tel: 434.792.8281 | Fax: 434.792.3235

pharmacist@kare-rx.com | www.kare-rx.com