

Ask Your Compounding Pharmacist

By Prakash Suthar, RPh



WHAT ARE COLD SORES?

Also known as fever blisters, cold sores are lesions that form on the mouth and lips caused by the herpes simplex virus. Highly contagious, the virus is often acquired during childhood. The virus remains dormant for long periods of time and can “reactivate” when a person is exposed to a trigger such as stress, fatigue, exposure to extreme cold or heat, and other situations that may depress the immune system. Once the virus is triggered, a tingling or burning sensation signals a looming lesion eruption. A cold sore outbreak typically lasts 7 to 10 days and is often uncomfortable and painful.

TREATMENT

There is no “cure” for cold sores, but there are many prescription and over-the-counter products such as topicals, capsules, and tablets that may provide symptom relief and speed up healing time.

Your compounding pharmacy is a valuable resource for cold sore relief. Working with your healthcare provider, our compounding staff prepares creams, ointments, and gels using multiple ingredients to speed up healing time and numb the pain.

Kare Pharmacy's popular **Cold Sore Lip Balm** contains acyclovir, an antiviral; lidocaine, a numbing agent, and a moisturizer or sunscreen upon request. Ask your doctor or our pharmacist whether a prescription compound may be a good option for you.

ADVANTAGE OF COMPOUNDED MEDICATIONS

The use of compounded medications allows your doctor to select the medications that are appropriate for your symptoms, thus eliminating therapy that may not be effective.

Do you have other difficult-to-solve medication questions that you would like our compounding pharmacist to answer? Email pharmacist@kare-rx.com and we may feature your question!

Learn more about compounding by visiting kare-rx.com and by following us on Facebook!

- Alcohol-free, dye-free & preservative-free medications
- Discontinued / Short supply medications
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Alcohol-free medications
- Patients not responding to conventional drug therapy
- Medication taste



Customized Medications For Your Individual Needs

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