



Ask Your Retail Pharmacist

By Mike Richardson, RPh

This edition, we are switching gears (and pharmacists), with Mike highlighting benefits that your independent retail pharmacy can provide.

How can I simplify my medication regimen?

Bubble-packing is a great way to simplify a patient's regimen, helping patients to take their medications in the proper way. The pharmacy fills, labels, and seals the bubble-pack with a patient's medications. Patients who may benefit from bubble-packing include:

1. **Patients with a complicated medication regimen (4 or more medications)**
2. **Patients with certain mental or physical conditions (Alzheimer, visual impairment, etc.)**
3. **Patients who are under the care of a caregiver**
4. **People who lead busy lives**

Bubble-packing is not usually available through your big-box or chain pharmacy, but rather a service provided from your local independent like Medical Center Pharmacy or Kare Pharmacy. Just like our free local delivery, bubble-packing is complimentary for our patients. Call us today to transfer your prescriptions and take advantage of this valuable service.



KARE
PHARMACY
COMPOUNDING

Sherwood Shopping Center
138 Arnett Blvd
Tel: 434.792.8281

Medical Center
PHARMACY

Danville Regional Medical Center
Tel: 434.792.3231