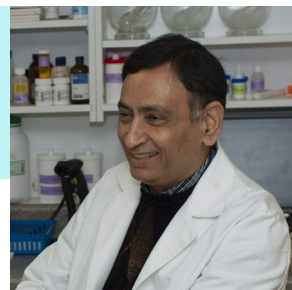


Ask Your Compounding Pharmacist

By Prakash Suthar, RPh



What are Bio-Identical Hormones?

Bio-identical hormones, unlike synthetic hormones, have the same chemical structure as hormones that are made in the human body. In order for a replacement hormone to fully replicate the function of hormones which were originally made and are present in the human body, the chemical structure must match the original.

Bio-identical hormone replacement therapy (BHRT) is a healthcare regimen prescribed by a healthcare provider to:

- 1) Alleviate the symptoms caused by the natural decrease in production of hormones by the body.
- 2) Give the protective benefits which were originally provided by naturally occurring hormones.
- 3) Re-establish a hormonal balance.

Many different symptoms may signal a hormone imbalance including: fatigue, headaches, weight gain, irritability, mood swings, hot flashes, decreased sex drive, vaginal dryness, depression, thinning hair, decreased muscle mass, and more. Some hormones that may be utilized in BHRT are estrogens, progesterone, testosterone, DHEA, thyroid, and cortisol.

If you're interested in learning whether you have a hormonal balance or could benefit from BHRT, ask your healthcare provider or contact our compounding pharmacist to set up a complimentary consultation (792-8281 or pharmacist@kare-rx.com).

- Alcohol-free, dye-free & preservative-free medications
- Discontinued / Short supply medications
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Alcohol-free medications
- Patients not responding to conventional drug therapy
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