

Ask Your Compounding Pharmacist

By Amanda Welch, PharmD, RPh



In what ways can testosterone benefit me?

These days, it's rare to watch television and not see a commercial for Low "T" (or testosterone).

But Low T is not just a phenomenon for men!

Although testosterone belongs to a class of male hormones called androgens, it is naturally occurring in both men and women. Testosterone can boost low sex drive; keep bones healthy; manage pain levels; and increase energy levels. Like estrogen and progesterone, testosterone levels in women decline after menopause. Symptoms of a testosterone imbalance in women may include: depression, headaches, insomnia, hair loss, decreased sex drive, arthritis, fatigue and loss of memory.

Although testosterone is commercially available by prescription for men, it must be compounded in smaller, specific doses for women, typically in a transdermal cream or sublingual troche (lozenge).

If you think you are suffering from a hormonal imbalance, call our compounding experts at Kare Pharmacy at 434-792-8281. We are happy to schedule a complimentary consultation to discuss your symptoms and concerns.

- Alcohol-free, dye-free & preservative-free medications
- Discontinued medications
- Drug shortages
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Patients not responding to conventional drug therapy
- Medication flavoring



Customized Medications For Your Individual Needs

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